

## **Basketball Heat Rules**

- **Due to the heat, tonight's games will run with four 8-minute quarters. The clock will stop for all whistles in the final 2 minutes of the last quarter.**
- **Clock will also stop on five personal foul situations.**
- **One time out per team per quarter will be permitted.**
- **Half time will be of two minutes duration and timed on the game clock**
- **Please remember to keep the fluids up and try not to overdo it!!!!!!!**