

2.1 **A HEALTHY AND RESILIENT MONASH: INTEGRATED PLAN 2017-2021 – YEAR TWO EVALUATION SUMMARY (SP:F18-3151.028)**

Responsible Director: Julie Salomon

EXECUTIVE SUMMARY

PURPOSE

This report presents a summary of the implementation and evaluation of *A Healthy and Resilient Monash: Integrated Plan 2017-2021 Year Two Action Plan 2018-2019*.

KEY CONSIDERATIONS/ISSUES

Under the Public Health and Wellbeing Act 2008, Victorian Local Governments are required to develop and report on a Municipal Public Health and Wellbeing Plan. In 2017 Council adopted an integrated strategic planning approach across the Community Development and Services Directorate (CD&S) - *A Healthy and Resilient Monash: Integrated Plan 2017-2021* (Attachment One).

A yearly Action Plan, *A Healthy and Resilient Monash: Integrated Plan 2017-2021 Year Two Action Plan 2018-2019* (Attachment 2), describes key priority areas for action.

In Year Two, CD&S incorporated the “Most Significant Change” evaluation method for some activities to capture additional qualitative data about the impact of the Plan’s implementation on Monash community members. The impact of Council’s actions upon the health and wellbeing of the Monash Community is evaluated in *Action Plan Year Two 2018-2019 Evaluation Summary* (Attachment Three).

An accompanying video capturing ‘Most Significant Change’ was created to report back to the community, and will be made available on Council’s website.

CONCLUSION/RECOMMENDATION

The impact of the Action Plan reflects Council’s commitment to and delivery of actions that improve the lives of the Monash community across identified health and wellbeing priorities.

It is recommended that Council notes this report.

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RECOMMENDATION

That Council notes the achievements outlined within the Healthy and Resilient Monash: Integrated Plan 2017-2021 Year Two Action Plan Evaluation Summary.

INTRODUCTION

A Healthy and Resilient Monash: Integrated Plan 2017-2021 was endorsed by Council on 31 October 2017. This report presents an evaluation summary of the implementation of year two actions (2018-2019) identified under this Plan.

BACKGROUND

Under the Public Health and Wellbeing Act 2008, every four years Victorian Local Governments are required to develop and report on a Municipal Public Health and Wellbeing Plan.

In 2017 Council adopted an integrated strategic planning approach, *A Healthy and Resilient Monash: Integrated Plan 2017-2021* (The Plan), across the Community Development and Services (CD&S) Directorate, drawing together priorities from all of the major strategies and action plans that contribute to the health and wellbeing of Monash residents.

DISCUSSION

The Plan (Attachment 1) captured three priority areas that contribute to the health and wellbeing of the Monash community: *Active and Healthy; Engaged, Confident & Connected; and Safe & Respectful*. These priorities were informed in consultation with our community, Councillors, staff, key partner agencies and supported by evidence. Supporting these overarching priorities are 30 key areas for action and *A Healthy and Resilient Monash: Integrated Plan 2017-2021 Year Two Action Plan* (Attachment 2) identifies specific yearly actions.

The Plan uses an integrated approach to strategic health and wellbeing planning to support greater collaboration and collective impact. Plan implementation has resulted in greater collaboration across business units and through partnerships with external organisations.

In Year Two the CD&S team worked in partnership with academics from Deakin University to develop appropriate methods for capturing qualitative

data, using the “Most Significant Change” evaluation method (Davies and Dart 2003). The approach, a first for local government, provides Council with a greater insight into the impact of Plan implementation on the health and wellbeing of Monash community members. *A Healthy and Resilient Monash: Integrated Plan 2017-2021 Year Two Action Plan Highlights* video was developed and draws from this method. The video will be made available on Council’s website.

Key achievements of the Year Two Action Plan

PRIORITY: Active and Healthy

- Over \$5.5 million of grant funding has been received from State and Federal Governments for active reserve development;
- Major upgrades of six playspaces across Monash;
- Opening of a second free, facilitated, drop-in playgroup site at Legend Park Child & Family Centre (C&FC) providing greater support to families, and substantial growth and development of the model at Cabena Child & Family Centre, with more than 1250 children from over 1000 families accessing this service across both centres;
- ‘Pokies Play Monash’ campaign to reduce gambling related harm;
- The ‘Changing the Game’ project implemented in partnership with 17 Sporting Clubs, to reduce alcohol related harm, in year one of this two year project;
- Industry-first Work Experience placement at the Active Monash Recreation Centres, in partnership with Victoria University, for students with a disability;
- Supporting Carers of people with a disability in Monash: ‘Carers Day Out’ program, and participating in the development of the ‘Pathway for Carers Walks’ (in partnership with Knox Council, Pathways for Carers Group and United Care Life Assist) with over 20 carers participating;
- Commencement of an Intergenerational Playgroup in partnership with Corpus Christi Nursing Home with 31 children from 30 families accessing this service.
- Received \$60,000 grant for the ‘Immunisation Innovation Project’ to increase immunisation rates; and
- Relocation of the Monash Waverley Community Information & Support and the Monash Community Arts Society (formerly The Highway Gallery) to the newly refurbished Mt Waverley Community Centre & Youth Centre and launch of the new Track Gallery.

PRIORITY: Engaged, Confident & Connected

- Commencement of ‘Meet Your Street’ and ‘Hello Neighbour’ projects, promoting social cohesion and community connectedness, the latter with a \$100,000 State Government Community Harmony grant over two years currently across four neighbourhoods;

- ‘Increasing places to rest’ project with Age Friendly Ambassadors have delivered mapping of 30 out of 34 zones and commenced recommendations;
- Monash was certified as a Child and Young People Friendly City and now actively engages children and young people through initiatives including the Junior Advisory Group and the Monash Student Space newsletter.
- Advocacy for improved mental health services in Monash, with funding now provided for a Headspace Service in Monash;
- Facilitated the Monash Multicultural Settlement Service Network to include a new range of service providers and community leaders with two new working groups: ‘CALD Youth Careers Forum’ working group and the ‘Community Services Information Series’ working group;
- Development and launch of the Monash Gallery of Art’s (MGA) ‘Philanthropy and Sponsorship Development Plan’ to drive new donors and support to the Gallery;
- Increasing opportunities for the community to engage in arts and culture at MGA through greater site activation, off site pop up projects and free activities for children as part of exhibitions;
- ‘Libraries change lives’ promotion and the delivery of a consistent and diverse Library program service, with around 2,800 activities/events held; and
- Extensive work to support the local community in festivals and events through: utilising local talent in performance and activity; diversifying programming at festivals; and facilitating community capacity building/shared learnings between community group participants.

PRIORITY: Safe & Respectful

- Community Leaders United by Sport (CLUBS) Gender Equity in Sport Pilot Program involving 10 clubs and 28 participants;
- Monash Youth Services facilitated the Young Women’s Leadership Program in partnership with South East Community Links. This year the innovative Monash project received \$75,000 VicHealth funding to expand the program across Victoria;
- Final completion and evaluation of the Oakleigh Western Gateway Activation Project to proactively increase community safety;
- Final completion and evaluation of the Holmesglen Activation Project;
- Development of an industry-first deep-water dive pool realistic rescue system and training package; and
- Development of a ‘Safe Events Approval Process’ applicable to all events held on Council-owned public open spaces.

A detailed overview of the Year Two achievements is provided in Attachment 3 – *Action Plan Year Two 2018-2019 Evaluation*. As the Plan sets out a four-year strategic direction, single year reporting may show incremental

progress against some actions. Many activities achieve multiple objectives but are recorded once, under a single action area.

POLICY IMPLICATIONS

A Healthy And Resilient Monash: Integrated Plan 2017-2021 represents a new strategic policy direction which adopts the approach of one integrated health plan with one vision, one yearly action plan and shared priorities across the Community Development and Services Directorate.

In addition to the identified priorities of the Plan and associated actions, Council will continue to deliver its full suite of services, activities and programs.

SOCIAL IMPLICATIONS

The Plan represents Council's integrated approach to support the Monash community to lead healthy, happy and fulfilled lives. The Plan also prioritises programs, services and activities that make it easy for members of the Monash community to lead healthy lifestyles.

HUMAN RIGHTS CONSIDERATIONS

The Plan seeks to represent and respect the needs, aspirations and human rights of every member of the Monash community.

FINANCIAL IMPLICATIONS

A Healthy and Resilient Monash: Integrated Plan 2017-2021 is primarily implemented with existing Council resources. In some instances, funding is sought through Council's annual budget process and/or externally.

CONCLUSION

The *Evaluation Summary Action Plan Year Two 2018-2019* provides an overview of key actions undertaken in the second year of the new *A Healthy and Resilient Monash: Integrated Plan 2017-2021*.

The impact of the Action Plan reflects Council's commitment to and delivery of actions that improve the lives of the Monash community across identified health and wellbeing priorities.

ATTACHMENTS

Attachment 1: *A Healthy and Resilient Monash: Integrated Plan 2017-2021*

Attachment 2: *A Healthy and Resilient Monash: Integrated Plan 2017-2021 Year Two Action Plan*

Attachment 3: *Action Plan Year Two 2018-2019 Evaluation*