

## **ATTACHMENT 4: Monash Health & Wellbeing Plan 2021 – 2025 Consultation Summary Report**

The consultation attached to the development of the *Monash Health & Wellbeing Plan 2021 - 2025* was undertaken in two-parts:

- A municipal-wide online survey opened for 3 months from Dec 2020 – Feb 2021 that asked detailed questions across a comprehensive range of public health and wellbeing priorities. Council received 375 responses to this survey (**Attachment 3: Monash Health & Wellbeing Plan 2021 – 2025 Survey Summary Report**)
- An extensive roadshow of deliberative engagement consultation through facilitated workshops, focus groups, one-on-one meetings and presentations. Council consulted with 380 stakeholders in this process.

In total, 755 stakeholders directly engaged in the consultation for the new *Monash Health & Wellbeing Plan 2021 – 2025*.

In alignment with the Gender Equality Act 2020, a Gender Impact Assessment was applied all throughout the plan's consultation and development process.

### Deliberative Engagement Consultation

Council facilitated deliberative engagement focus groups and one-to-one meetings with a broad cross-section of professional bodies, partner agencies, community leadership groups, Council advisory committees, priority cohorts across all ages and stages, all Council departments and the broad Monash population.

Council tailored consultation questions to allow for facilitated in-person consultation to be held with 160 primary school and pre-school aged children.

Extensive focus groups, targeted advisory committee consultations and one-on-one consultations resulted in 35 meetings with approximately 380 stakeholders being consulted in the development of this plan. Key themes are summarised in the Consultation Summary Report (**Attachment 4**).

In total, 755 stakeholders directly engaged in the survey consultation and direct meeting consultations for the new *Monash Health & Wellbeing Plan 2021 – 2025*.

Below is a high-level summary of the broad themes that were identified in each aspect of the consultation.

## Consultation Summary Overview

<b>Who was consulted?</b>	<b><i>General Monash Community</i></b>
<b>Method of consultation</b>	Online Survey – open for 12 weeks
<b>Number engaged with</b>	375 surveys completed
<b>Key Priorities</b>	<p>The top health and wellbeing priorities selected by survey respondents from the Monash community covered a wide range of health and wellbeing topics:</p> <ul style="list-style-type: none"> <li>• Being physically active (60%)</li> <li>• Walkable and accessible communities (52%)</li> <li>• Preventing family violence and violence against women (42%)</li> <li>• Accessing the local library’s programs and services (42%)</li> <li>• Community activities, events and festivals (42%)</li> <li>• Supporting carers (41%)</li> <li>• Addressing all forms of discrimination (63% of respondents) (41%)</li> <li>• Healthy active ageing (39%)</li> <li>• Community safety (38%)</li> <li>• Loneliness and feeling connected to my community (37%)</li> </ul>
<b>Key attributable quotes</b>	<ul style="list-style-type: none"> <li>• “As an older person who has managed for so much of my life, I have found becoming lonely &amp; isolated quite disorientating.”</li> <li>• “Help people understand gender equity when they are younger, and create a positive environment.”</li> <li>• “More all-abilities sport opportunities for young people to help with their exercise and social inclusion”</li> </ul> <p><b>*Note: For a full summary of the survey results, please refer to <i>Attachment 3: Monash Health &amp; Wellbeing Plan 2021 – 2025 Survey Summary Report</i></b></p>

<b>Who was consulted?</b>	<b>Internal Key Monash Council Staff</b> <ul style="list-style-type: none"> <li>• Executive Leadership team</li> <li>• Community Strengthening team</li> <li>• Active Monash Leadership team</li> <li>• Child, Youth and Family Services team</li> <li>• Community Services leadership team</li> <li>• Arts &amp; Cultural Development leadership team</li> <li>• Communications team</li> <li>• People and Culture leadership team</li> <li>• Infrastructure Services leadership team</li> <li>• Sustainability team</li> <li>• Corporate Services leadership team</li> <li>• Public Health &amp; Community Amenity leadership team</li> <li>• City Development leadership team</li> <li>• Finance leadership team</li> </ul>
<b>Method of consultation</b>	Focus groups and one-on-one consultations
<b>Number engaged with</b>	20 Focus groups or one-on-one consultations 125 People
<b>Key Themes</b>	<ul style="list-style-type: none"> <li>• The current plan has worked really well, need to ensure that there is a whole of council approach</li> <li>• Cross divisional collaboration needs to be highlighted with the inclusion of a partners column</li> <li>• Service orientated outcomes to be included in the new plan</li> <li>• Ensure that there is an understanding that every role at Council has a part to play in the health and wellbeing outcomes of the Monash community and finding the connection points to demonstrate this</li> <li>• Importance of maintaining simple language to ensure it is readable for all</li> <li>• Having a single Council wide focus that all departments can contribute to.</li> <li>• Importance of evaluation being factored in at the start</li> </ul>

	<ul style="list-style-type: none"> <li>• Inclusion of indicators and clear outcomes</li> <li>• Encouraging the community to become involved and facilitating opportunities for engagement</li> <li>• Response to health issues in the wake of COVID-19</li> <li>• A focus on sustainability and Council’s role in climate change.</li> <li>• Changing the evaluation cycle to 2 years so that programs can have a chance to demonstrate change.</li> <li>• Placing value on community assets and environments and recognising the connection that they play in addressing health and wellbeing outcomes</li> <li>• Importance of not including ‘everyday business’</li> <li>• Ensuring that the health and wellbeing plan remains a priority over its lifespan</li> </ul>
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<b>Who was consulted?</b>	<p><b><i>Schools and Early Years Settings</i></b></p> <ul style="list-style-type: none"> <li>• Primary Schools x 3</li> <li>• Early Years Child Care</li> <li>• Playgroup</li> </ul>
<b>Method of consultation</b>	Classroom activities, group discussion, Response Drawings
<b>Number engaged with</b>	6 Sessions held 145 People
<b>Key Themes</b>	<ul style="list-style-type: none"> <li>• Access to Parks</li> <li>• Playing with friends</li> <li>• Sustainability</li> <li>• Feeling safe</li> <li>• Being heard</li> </ul>
<b>Key attributable quotes</b>	<ul style="list-style-type: none"> <li>• “I’m worried about climate change because it impacts us and others, plants and animals.”</li> <li>• “If a friend tells me they are feeling sad or lonely, I would try to cheer them up or ask them if they are OK.”</li> </ul>

	<ul style="list-style-type: none"> <li>• “I know all of my neighbours and they are my friends.”</li> <li>• “I get treated differently because I am young. I don’t know why.”</li> <li>• “Girls and boys can do the same sport because it’s not fair if only boys play or only girls play sport.’</li> </ul>
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<b>Who was consulted?</b>	<p><b>Community Health Services;</b></p> <ul style="list-style-type: none"> <li>• Latrobe Community Health (Link Health)</li> <li>• Women’s Health East</li> <li>• Inner East Primary Care Partnerships</li> <li>• Department of Families, Fairness and Housing – Victorian State Government</li> </ul>
<b>Method of consultation</b>	Focus groups and one-on-one consultation
<b>Number engaged with</b>	4 Focus groups or one-on-one consultations 15 People
<b>Key Themes</b>	<ul style="list-style-type: none"> <li>• Current plan is incredibly comprehensive, pillars are valuable to readability and the plans strength</li> <li>• Significant change video is a useful tool</li> <li>• Ensuring that community engagement is a focus of the next plan and demonstrating how it was achieved</li> <li>• Aligning the document with the State priorities areas</li> <li>• Have a focus on one or two key priority areas over the 4 years</li> <li>• Ensure that the plan doesn’t have ‘everyday business’, it should be what is above and beyond</li> <li>• Important to highlight our partnerships with local agencies and State Government.</li> <li>• Review how we promote our successes to the community</li> <li>• Important to keep the plan engaging, without it becoming too large.</li> </ul>

<b>Key attributable quotes</b>	<ul style="list-style-type: none"> <li>• “Really important to acknowledge that one local government can’t do it all. Who can help you do this role and how can they help you facilitate this.”</li> <li>• “Show people where the integrated planning is happening, where do we come together to work on some of these bigger topics.”</li> <li>• “The link between health and priority areas and how we communicate this to community is really important to include</li> </ul>
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<b>Who was consulted?</b>	<p><i>Council’s Advisory Committees/Reference Groups/Community Groups;</i></p> <ul style="list-style-type: none"> <li>• Gender Equity Advisory Committee</li> <li>• Disability Advisory Committee</li> <li>• Monash Youth Committee</li> <li>• Multicultural Advisory committee</li> <li>• LGBTIQ+ Advisory Committee</li> <li>• Positive Ageing Reference Group</li> <li>• Environmental Advisory Committee</li> <li>• Community Ambassadors</li> <li>• Neighbourhood House Network</li> </ul>
<b>Method of consultation</b>	Focus groups
<b>Number engaged with</b>	5 Focus groups 95 People
<b>Key Themes</b>	<ul style="list-style-type: none"> <li>• The importance of public and community Infrastructure and its impact on people’s ability to be active</li> <li>• Community safety, better lighting</li> <li>• Green spaces and improving peoples understanding of how this improves their health and wellbeing</li> <li>• Wayfinding &amp; public transport links, improved public transport options</li> </ul>

	<ul style="list-style-type: none"> <li>• Need for Inclusive Spaces</li> <li>• COVID-19 Impact</li> <li>• Recognition that not everyone has a computer and the importance of communicating with people via multiple methods</li> <li>• Social Media fatigue</li> <li>• Resilience for young people, how can this be improved</li> <li>• Impact of competing priorities on families and the recognition that families are busy</li> <li>• Extreme weather conditions and its impact on mental and physical health and wellbeing</li> <li>• Council improving access to services</li> <li>• Understanding what discrimination is/means and working towards a more tolerant community</li> </ul>
<p><b>Key attributable quotes</b></p>	<ul style="list-style-type: none"> <li>• “Council to lead by example, be role models. (With healthy eating) no fast food at festivals and markets, limit vending machines, promote community gardens.”</li> <li>• “Including positive imaging and portrayal of people who are different.”</li> <li>• “Champion community leaders, focus on community led events.”</li> <li>• “Develop youth friendly spaces that increase engagement, activate spaces that may have had a bad reputation previously.”</li> <li>• “It important that Council tries to reduce the carbon footprint. Energy efficient housing or transport, local businesses incentivised to offer eco-friendly products, education of what residents can do at home.”</li> </ul>

