



2025
MONASH
SENIORS
Festival
1-31 October



Victorian
Seniors
Festival
2025

**CONNECT
CREATE
CELEBRATE**



2025 Monash Seniors Festival calendar

Date	Event Name	Suburb	Page
Wed 1 Oct	Mayoral Afternoon Tea	Huntingdale	4
Wed 1 Oct - Fri 31 Oct	Exhibition: Poetic Portraits	Mount Waverley and Oakleigh	4
Thu 2 Oct	Golden Age of Hollywood: To Catch a Thief	Clayton	7
Thu 2 Oct	Chinese Moon Festival Celebration	Ashwood	9
Fri 3 Oct	The Combined Probus Club of Monash: Seniors Festival	Mount Waverley	9
Mon 6 Oct	Come and Try: Combined Probus Club of Notting Hill	Glen Waverley	9
Mon 6 Oct	Mid-Autumn Festival at Power Neighbourhood House	Ashwood	10
Mon 6 Oct	Seniors High Tea	Notting Hill	10
Tue 7 Oct	Chinese Association of Monash: Community Open Day	Mount Waverley	10
Wed 8 Oct	Age Well Adventures: Birdsland Reserve	Belgrave Heights	6
Thu 9 Oct	A Gentle Stroll Through Nature	Mount Waverley	11
Thu 9 Oct	How to Research and Preserve Family History	Wheelers Hill	8
Sun 12 Oct	Mid-Autumn Festival Concert	Ashwood	11
Mon 13 Oct	Age Well Adventures: Mystery Tour	Under wraps	6
Mon 13 Oct	Australia Multicultural Care Support Association: Open Day	Oakleigh	12
Wed 15 Oct	Paint and Sip with Lorraine: Celebrating LGBTI+ Seniors	Ashwood	12
Thu 16 Oct	Harmony in Motion: Tai Chi Wellness for Seniors	Glen Waverley	13
Fri 17 Oct	George James Coles: A Life	Wheelers Hill	8
Sat 18 Oct	Deepavali Festival	Oakleigh	13
Mon 20 Oct	Chisholm Combined Probus Club: Seniors Festival	Mount Waverley	13
Tue 21 Oct	Golden Age of Hollywood: The Maltese Falcon	Clayton	7
Wed 23 Oct	Primavera in Fiori	Clayton	14
Wed 23 Oct	Harmony in Motion: Tai Chi Wellness for Seniors	Glen Waverley	13
Mon 27 Oct	Age Well Adventures: Birdsland Reserve	Belgrave Heights	6
Mon 27 Oct	Eating Well for Healthy Ageing	Mulgrave	14
Thu 30 Oct	Golden Age of Hollywood: The Man Who Knew Too Much	Clayton	7
Thu 30 Oct	Seniors' Morning Tea at The Hub	Glen Waverley	15
Thu 30 Oct	Make, Bake or Grow: Dinner Meeting	Oakleigh	15

2025 MONASH SENIORS Festival

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Mayor's Message

Welcome to the 2025 Monash Seniors Festival!

It is my pleasure to welcome you to our annual Seniors Festival, a month-long celebration that honours the contributions, creativity and wisdom of older adults in Monash.

This year, from Wednesday 1 October to Friday 31 October, we unite under the theme **'Connect, Create, Celebrate'**. The theme reflects our commitment to fostering social inclusion and creating joyful opportunities for people of all ages to come together, build new friendships, and explore shared interests.

Throughout these pages, you'll discover a variety of **free and low-cost events**. Dress in your vintage best for our **Golden Age of Hollywood movie series**, embrace the fun of the **Age Well Adventure Mystery Tour** (where the destination is a surprise!), or enjoy a warm sense of community at one of the local lunches. There's something for everyone.

I am excited to launch this year's festival with a special afternoon tea celebrating **Poetic Portraits** – an inspiring project featuring the creative voices of 20 Monash residents across generations. Each participant has contributed two original poems and a portrait, and these works will be displayed throughout October in Mount Waverley Village and at Oakleigh Library.

Our city is enriched by the diverse stories, talents and experiences of our residents. This year's program showcases that richness through events hosted by our community groups, neighbourhood houses, multicultural organisations and more.

Monash Seniors Festival is part of the Victorian Seniors Festival, with events happening across the state and eight days of free public transport for Seniors Card holders.

Whether you enjoy activities close to home or go further afield, I hope you find the chance to try something different, meet new people and celebrate all the incredible things that come with ageing well in Monash.

A stylized, handwritten signature in blue ink, appearing to read 'Paul Klisaris'.

Mayor Paul Klisaris

Poetic Portraits



We're launching the 2025 Monash Seniors Festival with Poetic Portraits, our intergenerational project showcasing the creative talent and diverse stories of 20 writers in Monash.

What do we assume about someone when we see them? Stories act as a bridge into another person's world, offering us new perspectives and breaking down superficial barriers to reveal the truths that connect us and the differences that make each of us unique.

This year, 20 writers across different ages took on the challenge of excavating their stories to create a rich catalogue of poems. Accompanying their words are expressive photographic portraits, each showing them with a treasured personal object.

This Seniors Festival, let yourself be delighted and challenge your assumptions with a visit to the Poetic Portraits exhibition in Mount Waverley and Oakleigh.

Read and listen to the full poems at:

 www.monash.vic.gov.au/poetic-portraits

Poetic Portraits is a partnership between Monash Council and RMIT University.



DATE Wednesday 1 October – Friday 31 October

VENUE Mount Waverley Village, Hamilton Walk
Oakleigh Library Foyer, 148 Drummond Street, Oakleigh

Mayoral afternoon tea

Join us for a special Mayoral afternoon tea to mark the start of the 2025 Monash Seniors Festival and celebrate the launch of Poetic Portraits.

This elegant afternoon brings together community members and the talented participants of Poetic Portraits. View their portraits, listen to their stories and hear their poems live. Be part of this unique event, celebrating the voices of different generations.

DATE Wednesday 1 October

TIME 2pm-4pm

VENUE Huntingdale Golf Club, Windsor Avenue, Oakleigh South

COST FREE

BOOKINGS  www.trybooking.com/DDHYG or  9518 3555

PARKING On-site parking

Meet some of our poetic participants

Helen Cobb, 94 and a 60-year resident of Glen Waverley, has penned poems most of her life. She continues to produce a prolific body of work that captures her everyday experiences and the people and places that matter most in her life.

"I mostly started writing poems when I was 50. Writing little poems and thoughts, it's like I'm writing a diary." – Helen



Michelle Pan, new mother of six-month-old son Alwin, wanted to connect more with her community during her parental leave.

"It can be isolating and challenging for new mothers and I am so happy that the council has offered this great opportunity." – Michelle.



Read Helen and Michelle's stories at www.monash.vic.gov.au/stories-from-your-community and learn more about the project at www.monash.vic.gov.au/poetic-portraits



Birdsland Reserve

Nestled within the Dandenong Ranges, Birdsland Reserve is a 75-hectare bushland sanctuary renowned for its rich biodiversity and tranquil landscapes. Enjoy a guided tour on the history and biodiversity of the area. We will stop at McDonalds for morning tea on the way to Birdsland. Following our walk, we'll head to Micawbers Tavern for lunch.

This outing involves a significant amount of walking and is recommended for people with good mobility.



DATE	Wednesday 8 October or Monday 27 October
TIME	9am-3.30pm
VENUE	Birdsland Reserve, 271 Mt Morton Road, Belgrave Heights
COST	\$12 transport fee, payable on booking. Optional costs, payable on the day: • Morning tea: prices start from \$5 or BYO • Lunch: prices start from \$12 or BYO
BOOKINGS	🌐 www.trybooking.com/DCYHU or ☎ 9518 3555
PICK-UP	Central Reserve, 690 Waverley Road, Glen Waverley
PARKING	On-site parking
CONFIRMATION	You will receive a confirmation email or phone call before the event

Mystery Tour

Ready for an adventure where the destination is secret and the journey is half the fun? Join us on a Mystery Tour - a day full of surprises, hidden gems and unforgettable experiences. Clues will be revealed along the way, but the final stop? That stays under wraps... for now. Pack your curiosity and trust your sense of adventure - you never know what wonders await! Lunch is also at a secret location.



DATE	Monday 13 October
TIME	9am-3.30pm
COST	\$12 transport fee, payable on booking. Optional costs, payable on the day: • Lunch: prices start from \$16 or BYO
BOOKINGS	🌐 www.trybooking.com/DCYIC or ☎ 9518 3555
PICK-UP	Central Reserve, 690 Waverley Road, Glen Waverley
PARKING	On-site parking
CONFIRMATION	You will receive a confirmation email or phone call before the event

Golden Age of Hollywood Film Screenings

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Join us for a glamorous journey into cinema's most iconic era at Clayton Community Centre Theatre, where we will showcase timeless classics that defined the Golden Age of Hollywood. Dress to impress in your finest vintage or formal attire and enjoy a special morning tea before each screening.

Whether you're a lifelong film buff, rediscovering these cinematic masterpieces, or seeing the films for the first time, this is a celebration not to be missed!

VENUE Clayton Community Centre Theatre, 9-15 Cooke Street

TIME Morning tea from 10.30am. Film starts at 11am.

To Catch a Thief

This Alfred Hitchcock masterpiece follows a retired cat burglar, played by Cary Grant, who must prove his innocence when a new string of jewel thefts strikes the French Riviera. With Grace Kelly as his elegant counterpart, the film dazzles with suspense, romance and breathtaking scenery.

DATE Thursday 2 October

BOOKINGS  www.trybooking.com/DDASG or  9518 3555



The Maltese Falcon

A hard-boiled detective (Humphrey Bogart) gets entangled in a web of deceit and danger while searching for a priceless statuette. This film noir classic is packed with intrigue, sharp dialogue and unforgettable characters.

DATE Tuesday 21 October

BOOKINGS  www.trybooking.com/DDASV or  9518 3555



The Man Who Knew Too Much

In Alfred Hitchcock's suspenseful thriller, an ordinary couple's vacation turns perilous when they uncover an assassination plot. Immerse yourself in the picturesque locales, the international intrigue and the brilliant performances by James Stewart and Doris Day.

DATE Thursday 30 October

BOOKINGS  www.trybooking.com/DDATD or  9518 3555



Seniors Festival month at Monash libraries

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Discover the fantastic events, resources, books and films at Monash Libraries throughout October! View our full events program at monlib.events.mylibrary.digital or ☎ 9518 3030.



How to Research and Preserve Family History

Join photo expert Peter King for a practical session on researching, preserving and restoring family photographs. Learn how to date old photos, store them safely, and organise both physical and digital collections. The session will also cover scanning techniques and how AI is transforming photo restoration. With decades of experience in photography and retouching, Peter brings deep expertise in both traditional and modern imaging.

DATE	Thursday 9 October
TIME	10.30am-11.30am
VENUE	Whealers Hill Library, 860 Ferntree Gully Road
COST	FREE
BOOKINGS	monlib.events.mylibrary.digital or ☎ 9265 4877
PARKING	On-site parking



George James Coles: A Life

Sir George James (G.J) Coles, CBE was an Australian entrepreneur and founder of what was to become the Coles Group retail shopping empire. Born in 1885 in country Victoria, he went on to open the first Coles store in Collingwood in 1914. Join us for this special presentation to hear more about his remarkable story from small beginnings, through to the Great War and then on to establishing a retail dynasty.

DATE	Friday 17 October
TIME	10.30am-12pm
VENUE	Whealers Hill Library, 860 Ferntree Gully Road
COST	FREE
BOOKINGS	monlib.events.mylibrary.digital or ☎ 9265 4877
PARKING	On-site parking



Chinese Moon Festival Celebration

Chinese Professionals Club of Australia

The seniors group of the Chinese Professionals Club of Australia invites you to celebrate and experience the Chinese Moon Festival with an afternoon of tradition and fun! Enjoy lively activities, including line dancing, tai chi and a mooncake-making demonstration. Tea, coffee and delicious mooncakes will be provided.

DATE	Thursday 2 October
TIME	2pm-4pm
VENUE	Ashwood Hall, 21A Electra Avenue
COST	FREE
BOOKINGS	✉ zhiansun@foxmail.com or ☎ 0433 244 951
PARKING	On-site parking



The Combined Probus Club of Monash: Seniors Festival

Join this warm and welcoming social activities group for its monthly meeting during Seniors Festival. Learn about the club's activities including interest groups, lunches, dinners, afternoon coffees, trips and outings. Enjoy socialising with members over morning tea and be inspired by a guest speaker presenting *Writing Icons – Myths and Technique*.

DATE	Friday 3 October
TIME	10am-12pm
VENUE	Mount Waverley Youth Centre, 45 Miller Crescent
COST	FREE
BOOKINGS	✉ gchurchill44@gmail.com or ☎ 0400 565 387
PARKING	On-site parking or two-hour street parking



Come and Try: Combined Probus Club of Notting Hill

Are you retired or semi-retired and wanting to make new friends? Combined Probus Club of Notting Hill invites you to come and learn more about the fun activities, informative speakers and various outings it offers. Join members at a special morning tea to celebrate Seniors Festival. We really want to meet you!

DATE	Monday 6 October
TIME	9.45am-12pm
VENUE	Notting Hill Pinewood Tennis Club, 1-9 Baker Street, Glen Waverley
COST	FREE
BOOKINGS	✉ nhprobus@gmail.com or ☎ 0434 644 215
PARKING	On-site parking



Mid-Autumn Festival at Power Neighbourhood House

Power Neighbourhood House is hosting a vibrant and colourful Mid-Autumn Festival celebration. The event will be an inclusive environment for cultural exchange where residents from different cultural backgrounds can participate. Enjoy a variety of engaging activities, including pitch-pot games, mooncake tasting, traditional tea ceremonies and cultural performances.

DATE	Monday 6 October
TIME	4pm-7pm
VENUE	54 Power Avenue, Ashwood
COST	FREE
BOOKINGS	✉ office@powernh.org.au or ☎ 8849 9707
WEBPAGE	🌐 www.powernh.org.au
PARKING	Street parking



Seniors High Tea

Notting Hill Neighbourhood House

Enjoy an afternoon filled with connection and conversation in a warm, relaxed atmosphere where laughter is encouraged. Guests will be treated to an assortment of teas alongside a selection of sweet and savoury delicacies: freshly baked scones with cream and jam, finger sandwiches, fresh fruit and a variety of dainty pastries.

DATE	Monday 6 October
TIME	1.30pm-3pm
VENUE	37 Westerfield Drive, Notting Hill
COST	FREE
BOOKINGS	🌐 www.trybooking.com/DDBZS or ☎ 9561 0114
WEBPAGE	🌐 www.nottinghillnh.org.au
PARKING	Street parking



Chinese Association of Monash: Community Open Day

The Chinese Association of Monash will host its annual Seniors Festival Month Open Day for everyone to join. This event will feature a multicultural celebration, Chinese art exhibitions and live performances. Experience the rich diversity of cultural backgrounds within the Monash community.

DATE	Tuesday 7 October
TIME	9.30am-2.30pm
VENUE	Mount Waverley Community Centre, 45-47 Miller Crescent
COST	FREE
BOOKINGS	✉ cam.monash@gmail.com or ☎ 0421 361 668
WEBPAGE	🌐 www.cam-club.com
PARKING	On-site parking or two-hour street parking



A Gentle Stroll Through Nature: Discover Damper Creek Reserve

Friends of Damper Creek

Explore beautiful Damper Creek Conservation Reserve in Mount Waverley. Connect with nature and learn about the reserve's history, native plants and wildlife, as well as the group's important conservation work. Please wear appropriate footwear. Sunscreen, hat and water bottle recommended. This outing involves a significant amount of walking on uneven surfaces and is recommended for people with good mobility.

DATE	Thursday 9 October
TIME	10am-12pm
VENUE	Alvie Hall, High Street and Alvie Road, Mount Waverley
COST	FREE
BOOKINGS	 www.trybooking.com/1429170 or  0400 883 687
PARKING	On-site parking



Mid-Autumn Festival Concert

Spring Arts Multicultural Seniors Association

Enjoy vibrant musical performances by more than 140 talented members of the Spring Arts Multicultural Seniors Association. Experience a rich variety of classical orchestral music, folk music, chamber music, a cappella, solo performances and energetic dance performances. Light refreshments included.

DATE	Sunday 12 October
TIME	1.30pm-4pm
VENUE	Jordanville Community Centre, 94 Batesford Road, Chadstone
COST	FREE
ENQUIRIES	 SAMSA202107@gmail.com or  0412 287 956 (SMS only)
PARKING	On-site parking



Australia Multicultural Care Support Association: Open Day

Join us at our Seniors Festival cultural booth featuring traditional Chinese calligraphy with brush, ink and rice paper. Everyone is welcome to try their hand at calligraphy, explore Chinese crafts, and receive small culturally inspired gifts. Come and experience the beauty of Chinese heritage!

DATE	Monday 13 October
TIME	10am-3pm
VENUE	Oakleigh Community Centre, 40 Haughton Road
COST	FREE
BOOKINGS	✉ central@amcsa.org.au or ☎ 0481 566 757
WEBPAGE	🌐 www.amcsa.org.au
PARKING	On-site parking or two-hour street parking



Paint and Sip with Lorraine: Celebrating LGBTI+ Seniors

Power Neighbourhood House

Join us for a special Paint and Sip class with the talented Lorraine, created especially for the LGBTI+ community and allies as part of the Seniors Festival. Keeping our minds and bodies active through painting is a wonderful way to express creativity, relax and connect with others. Enjoy a relaxed, inclusive and welcoming atmosphere with non-alcoholic drinks and delicious nibbles. No experience needed – just come along, have fun and create something beautiful!

DATE	Wednesday 15 October
TIME	6pm-8pm
VENUE	54 Power Avenue, Ashwood
COST	FREE
BOOKINGS	✉ office@powernh.org.au or ☎ 8849 9707
PARKING	Street parking



Harmony in Motion: Tai Chi Wellness for Seniors

Australian Oriental Martial Arts Tai Chi Inc.

Discover tai chi and its wide range of benefits specifically for older adults. Its gentle movements improve balance, flexibility and mental wellbeing. Come socialise, meet other like-minded people and get active at your own pace during the month's celebrations.

DATE	Thursdays 16 and 23 October
TIME	12pm-1.30pm
VENUE	Brandon Park Community Centre, 649 Ferntree Gully Road, Glen Waverley
COST	FREE
BOOKINGS	✉ ad@awcc.com.au or ☎ 0467597080
WEBPAGE	🌐 www.awcc.com.au
PARKING	On-site parking



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Deepavali Festival

Tamil Senior Citizens Fellowship Vic.

Celebrate Deepavali – the Festival of Lights - with the Tamil Senior Citizens Fellowship. Join us for a fun gathering, filled with cultural charm, traditional music and a delicious lunch of rice and varied curries. All are invited to celebrate.

DATE	Saturday 18 October
TIME	10.30am-1.30pm
VENUE	Oakleigh Town Hall, 142 Drummond Street
COST	\$12, payable on the day
BOOKINGS	✉ sivasunthar0611@gmail.com or ☎ 0449 932 554
WEBPAGE	🌐 www.tamilseniorcitizensfellowship.com
PARKING	Two-hour street parking or parking at Atkinson Street



Chisholm Combined Probus Club: Seniors Festival

Join the Chisholm Combined Probus Club for its October meeting and enjoy a delightful morning tea among friends. Be captivated by guest speaker Bev Moss as she shares her extraordinary experience being a nanny in Buckingham Palace. Get behind-the-scenes stories, royal routines, and personal insights from inside one of the world's most iconic residences.

DATE	Monday 20 October
TIME	10am-12pm
VENUE	Mount Waverley Youth Centre, 45 Miller Crescent
COST	FREE
ENQUIRIES	✉ chisholm.probus@gmail.com or ☎ 0438 987 327
WEBPAGE	🌐 chisholmprobus.weebly.com
PARKING	On-site parking or two-hour street parking



Primavera in Fiori

Circolo Pensionati Italiani di Oakleigh and Clayton (Italian Seniors Club)

Come celebrate Monash Seniors Festival with Primavera in Fiori or Flowers in Springtime! Enjoy a joyful day of dancing to live music, a delicious two-course lunch, and freshly brewed coffee and tea. Embrace the season's beauty, connect with friends, and make memories in a vibrant, flower-filled setting.

DATE	Wednesday 22 October
TIME	11am-3.30pm
VENUE	Clayton Hall, 264 Clayton Road
COST	\$15, payable on the day
ENQUIRIES	✉ lilypresti@gmail.com or ☎ 0435 032 614
PARKING	On-site parking or two-hour street parking



Eating Well for Healthy Ageing

Mackie Road Neighbourhood House

Discover how to eat well as you age in this free seminar covering key nutrients for energy, strength, bone health and memory. Learn simple, practical tips to make meals nourishing and enjoyable. Presented by Vinu, accredited sports nutritionist and coach supporting older adults.

DATE	Monday 27 October
TIME	11am-12pm
VENUE	36-42 Mackie Road, Mulgrave
COST	FREE
BOOKINGS	🌐 www.socialplanet.com.au/request/guest/activity?id=37609 or ☎ 9548 3311
WEBPAGE	🌐 www.mackierdnh.org.au
PARKING	On-site parking



Seniors' Morning Tea at The Hub

Glen Waverley Uniting Church

Join us for a special Seniors Festival gathering at The Hub. Bring your family and friends for a delightful community morning tea. We welcome donations for MND Victoria on the day.

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DATE	Thursday 30 October
TIME	10am-12pm
VENUE	Corner Bogong Avenue and Kingsway
COST	FREE or donations welcome
BOOKINGS	✉ office@gwuc.org.au or ☎ 9560 3580
WEBPAGE	🌐 www.gwuc.org.au
PARKING	On-site parking or parking at Bogong Avenue



Make, Bake or Grow: Dinner Meeting

Oakleigh Evening VIEW Club

Come along to the VIEW Club Dinner Meeting and enjoy great food, warm company and a lively atmosphere. Everyone is encouraged to bring something they've made, baked or grown for a friendly auction - whether it's a homemade treat, a crafty creation or garden goodies.

DATE	Thursday 30 October
TIME	6.30pm-8.30pm
VENUE	Oakleigh-Carnegie RSL, 95-97 Drummond Street, Oakleigh
COST	\$30, payable on the day
BOOKINGS	✉ oakleighevening.viewclub@gmail.com or ☎ 0400 175 039
PARKING	Street parking





CONNECT CREATE CELEBRATE



Victorian Seniors Festival 2025

Victorian Seniors Festival returns in October with a range of free and low-cost events for older Victorians.

Celebrate and take part in events and activities right across the state. Victorian Seniors Festival encourages everyone to get involved, share joy and have fun.

This year's Victorian Seniors Festival theme – Connect, Create, Celebrate – invites older Victorians to come together, discover new interests and celebrate.

Connect or re-connect with your interests, skills and hobbies. Join in events and meet new people in-person and online. Create your own path and remain curious as you age.

 www.seniorsonline.vic.gov.au/festival

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Eight Days of Free Public Transport

Attend a range of activities across Metro Melbourne or regional Victoria with eight days of FREE public transport **(Sunday 5 October - Sunday 12 October)** for Victorian Seniors Card holders and Seniors Business discount holders.



To plan your journey,
scan the QR code, visit
www.transport.vic.gov.au
or download the PTV app
on your smartphone.



Department
of Transport
and Planning



 Transport
Victoria

Victorian Seniors Festival 2025

EVENTS



Celebration Day

Federation Square
Sunday 5 October, 12pm-7pm

Big Band Dance

Melbourne Town Hall
Tuesday 7 October, from 12pm

Songs of Judy Garland:

**Celebrating LGBTI+
Older Adults and Their Allies**

Capitol Theatre
Thursday 9 October

Seniors Film Festival

Australian Centre of Moving Image (ACMI)
Monday 6 October - Sunday 12 October

Aged Care Tour

**Taking the magic, music and fun
of the festival to aged care
residents across Victoria**

October to December



For information and events:

 www.seniorsonline.vic.gov.au/festival



Connect with **your local community**



Find local community groups, sporting clubs, art and craft groups or service clubs for older adults.

 www.monash.vic.gov.au/community-directory
 9518 3555