



Get Started
DISABILITY SUPPORT



Mackie Rd
Neighbourhood
House
learn • share • belong



Coming to
Monash



Local support programs for people new to disability

From lived experience to collective strength



Our workshop series and peer support programs are the starting place for anyone who is new to disability.

Perhaps you're newly diagnosed or recently discharged from hospital. Maybe you've just welcomed a new baby who has a disability, or need a little more guidance to build your own support network. Our workshops will explain all the key information you'll need, plus you'll meet other locals who will share their own experience and ideas.

For more information visit getstartedisability.org.au or call **0411 130 577**

**Weekly, beginning
Thursday 5th February**

6 sessions • 11am – 1pm

Mackie Road Neighbourhood House
36–42 Mackie Rd, Mulgrave

**Scan this
QR code
and join in!**

